

Pippins Weekly News

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SEE TOMORROW GROW

Dear Parents and Carers,

A very warm welcome to the summer term! I hope you all had a restful holiday, with many of you celebrating Easter, Eid and Vaisakhi!

This is set to be a very exciting term for us at school, and as some of you have already discovered, Pippins is about to undergo a refurbishment! Over the course of this year, different parts of the school will be renovated, to reflect a fresh new image of our school. Please note that the children's education and learning will not be compromised in any form or shape, as much of the work will be undertaken in the holidays and weekends. We may well require parent helpers and volunteers at some stage to help move items, so if you are able to help, please do speak to the school office. In the coming weeks, an architect will be appointed, to devise plans to give shape to our new school, so that it is fit for purpose in years to come.

We will be honing in on attendance and punctuality this term, so please ensure that children arrive each morning promptly, and that all holidays are strictly kept outside term time. Thank you very much for sending your children to school in full school uniform. It was an absolute pleasure seeing them in the correct summer uniform, and footwear (and not trainers). Let us collectively raise standards and expectations.

Wishing you restful weekend,
Mr Jalaf

Dates for the Diary

25th April - Year 1 and 2 trip to a Mosque

29th April - SLT Coffee Morning all parents
8:45 - 9:30 am

30th April - Y1 Parents Meetings Phonics

2nd May - school closed for polling day

6th May - Bank Holiday

13th to 15th May - Year 6 SAT's

23rd May - End of Summer 1

24th May - Inset Day

3rd June - Summer 2 begins at 8:35 am

Attendance

Pips 96%
Pixie 99%
Elstar 92%
Honeygold 97%
Bramley 95%
Crispin 98%
Waltz 95%
Jazz 94%

No phones at anytime when picking up or dropping off.

URGENT NOTICES! - PLEASE READ

NO WALKING THROUGH THE CAR PARK AT ANY TIME.

ABSOLUTELY NO SMOKING OR VAPING ON THE SCHOOL PREMISES.

Uniform - Uniform checks are now happening on a regular basis, which includes footwear. Let this be a signifier of our pride and accurate representation of the school. Full school uniform is to be worn everyday. You will find details of this on the school website.

All **long hair** must be tied up at all times. Boys and Girls.

Parents -

Please log into Arbor and clear your dinner money.

Can I please ask for two volunteers to come forward and support us with parking away from the school gate in the mornings and afternoons? This will help alleviate pressure on school staff, to keep our children safe. - Mr Jalaf

Child off sick - If your child is ill, unwell, or sick you must call and **give all details of the illness** as we need them for our records. If your child is off ill for 5 or more days we require a **valid/up-to-date doctor's note**.

Appointments -

If your child has an appointment during school hours you must give **at least 24 hrs notice** and **proof of appointment**.

MENU FOR THIS TERM

The menus for this term are now on the website just click 'Spring Summer Menu 2024'.

This week's menu is WEEK 2.

IMPORTANT - FOR PACKED LUNCHES
PLEASE FOLLOW THE GUIDELINES BELOW.

Twelve 15

Week 2

Spring/Summer 2024 Menu

Weeks Starting:

22nd April, 13th May, 10th June,
1st July, 22nd July, 16th September
and 7th October

SURREY
COUNTY COUNCIL

Monday

Option 1

Vegan Sausage Roll with Potato Wedges

Option 2

Potato, Leek and Cheese Pie

Option 3

School's Choice

Tuesday

Option 1

Chicken and Sweetcorn Meatballs in Tomato Sauce with Spaghetti

Option 2

BBQ Meat Free Meatballs with Spaghetti

Option 3

School's Choice

Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Option 2

Glamorgan Sausage with Roast Potatoes and Gravy

Option 3

School's Choice

Thursday

Option 1

Fruity Caribbean Chicken with Rice

Option 2

Caribbean Quorn Fajitas

Option 3

School's Choice

Friday

Option 1

Fish Fingers with Oven Chips

Option 2

Cheese and Tomato Pizza Swirl with Oven Chips

Option 3

School's Choice

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Shortbread Biscuit with Fresh Fruit Slices

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Fresh Dairy Yoghurt

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Chilled Melon Slice

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Chocolate Sponge with Chocolate Sauce

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:

Twin Ice Lolly

PACKED LUNCH GUIDELINES



Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

Choose ONE EVERY DAY from:

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes



2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

Choose TWO EVERY DAY from:

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

Choose ONE EVERY DAY from:

- ✓ Milk
- ✓ Cheese – hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



4 Protein Foods

for growth and repair

Pack a protein punch!

Choose ONE EVERY DAY from:

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk – or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



For more healthy packed lunch ideas and recipes visit www.phunkyfoods.co.uk/recipes

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www.phunkyfoods.co.uk

Eatwell Guide

Check the label on packaged foods

Each serving (150g) contains

Energy	Fat	Saturated	Sugars	Salt
1048kJ 250kcal	3.0g	1.3g	34g	0.9g
13%	4%	7%	38%	15%

of an adult's reference intake
Typical values (as sold) per 100g: 697kJ/167kcal

Choose foods lower in fat, salt and sugars

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Eat at least 5 portions of a variety of fruit and vegetables every day

Fruit and vegetables



Eat less often and in small amounts

Beans, pulses, fish, eggs, meat and other proteins
Eat more beans and pulses, 2 portions of sustainably sourced fish per week, one of which is oily. Eat less red and processed meat

Choose wholegrain or higher fibre versions with less added fat, salt and other additives
Potatoes, bread, rice, pasta and other starchy carbohydrates

Dairy and alternatives
Choose lower fat and lower sugar options

Choose unsaturated oils and use in small amounts



Water, lower fat milk, sugar-free drinks including tea and coffee all count.

Limit fruit juice and/or smoothies to a total of 150ml a day.



Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

AFTER SCHOOL CLUBS


We have worked tirelessly to create new and exciting opportunities for the children to take part in after school.

Due to low numbers, we may have to cancel some of the offerings, so please take this weekend to book your children into clubs.

Please note Art Club has been cancelled for this term and may return in Summer 2.

Multisports is available for children in RECEPTION, YEAR 1 AND YEAR 2.

If you are pupil premium and would like to join one of these clubs please contact the office.



0118 449 2641
info@u-sports.co.uk
www.u-sports.co.uk

Summer 2024
Pippins Primary School
BOOK NOW

<https://eastberkshire-termtime.classforkids.io/term/612>

Dear Parents and Guardians,

uSports are pleased to announce that we will be delivering the following after-school clubs at Pippins Primay School for the Summer term.

Multi Skills | Year R-2 | Monday | 3.10 - 4.15pm

Soft Archery | Year 3-6 | Monday | 3.10 - 4.15pm

Tri Golf | Year 1-6 | Wednesday | 3.10 - 4.15pm

£6.50 Per Session

Best Wishes,

Charlie Hiscox
uSports Director

How To Book

1. Click the 'Book Now' button or type in the link underneath
2. Scroll to find the right club
3. Add your child's details
4. Book your child's place
5. Pay for your session

Extra Circular Activities at Pippins
Spring Term 2

	Club	Time	Year Groups	Venue	Organisation	Sign Up	Pricing/Payment
Monday	Multi Sports	3.15- 4:15	Years Reception, 1, 2,	Hall	Usport	See Poster	Direct to Organisation
	Archery	3.15- 4:15	Years 3, 4, 5, 6	Sports ground	Usport	See Poster	Direct to Organisation
Tuesday	Pippins Sports: Cricket	3.15- 4:15	Years 1, 2 and 3	Sports Ground	Pippins: Mr Jawandha	Arbor	£5.00/ session
Wednesday	Mini Golf	3.15- 4:15	Years 1, 2, 3, 4, 5, 6	Sports Ground	Usports	See Poster	Direct to Organisation
Thursday	Pippins Music: Recorder	3.15- 4:00	Years 1, 2, 3, 4, 5, 6	Year 3 Class room	Pippins: Mrs Manners	Arbor	£3.00/ session
	Pippins Sport: Tennis	3.15- 4:15	Years 4, 5, 6	Sports Ground	Pippins: Mr Jawandha	Arbor	£5.00/ session
Friday	Pippins Sport: Cricket	3.15- 4:15	Years 4, 5, 6	Sports Ground	Pippins: Mr Jawandha	Arbor	£5.00/ session
	Pippins Gardening Club	3.15- 4:15	Years 1, 2, 3, 4, 5, 6	Bungalow	Pippins: Mr Jalaf	Arbor	£5.00/ session

WORLD AUTISM ACCEPTANCE WEEK

APRIL 2-8TH 2024

Last week was World Autism Acceptance Week and with it, an opportunity to think about what autism is and how we can all make some changes to the way we interact with our neurodiverse friends and colleagues to make their lives more manageable and happier. On World Autism Day, many landmark buildings across the world were lit up in blue to show support.



I shared a short video in our whole school Assembly on Tuesday morning which explained how an autistic person may see the world, and along with an extract from eleven year old Rose Smitten's book 'The Secret Life of Rose' also highlighted the many special skills and positive attributes that autistic people have.

I would like to share the link and invite you to watch it as well, and hopefully understand a little bit more about autism and how we can support the people around us.

<https://www.youtube.com/watch?v=Ezv85LMFx2E>

Rose wrote this in her book: Being autistic means I am different from everyone else. This is great, as if you are the same as everyone else it's boring. Knowing you are autistic is even better as then you don't have to try to be like everyone else, you can just be your own cool, different self. Before I found out I am autistic I felt weird, in a bad way – I thought I had to be like everyone else, and this didn't feel very nice. Now I know I'm autistic, I don't have to pretend that I'm the same. I'm happier now.

We know so much more about Autism and other neurodivergent types than we did just a few years ago. We know that often our autistic young people feel that they constantly have to adapt and adjust their natural ways to suit others in a world that can very quickly become overwhelming and unbearable with the constant chaotic unpredictable whirl of life around them. There is little empathy or understanding, although with weeks like this one and an increase in awareness, hopefully this is beginning to change.

For an autistic person to thrive, learn, enjoy life and be free of mental health issues, it is vital that their environment meets their needs, adjusts to their differences and understands and accepts who they are. This is the responsibility of everyone around them, we must accept and adjust. We talked briefly about some aspects of school life that might be particularly challenging if we were autistic such as break times and days where the timetable might be a bit different so that all of us can help to make these times more manageable for all.

I have provided a list of useful resources below and I have several books aimed at both children and adults in my office which I am happy to share with you.

If you have any concerns or would like to discuss this further, please do get in touch at sendco@pippins.slough.sch.uk or find me on the gate.

Mrs Emily Manners

Resources:

<https://autismacceptance.com/>

<https://www.beyondautism.org.uk/>

<https://www.autism.org.uk/>



BRAMLEY - YEAR 3

Dear Parents/Carers,

I hope you all had a wonderful Easter break and that you are feeling rejuvenated and ready for the new term ahead. I am delighted to welcome your children back to class and am grateful to each and every one of you for your warm reception and support.

As we begin this new term together, I am excited to join your child on their learning journey and support them in reaching their full potential. Building a strong partnership with you, the parents and carers is essential in ensuring the success and well-being of your child at school. I value your input and look forward to working closely with you throughout the term.

This half term, our students will be diving into some exciting topics. In Science, we will be exploring the fascinating world of plants, discovering their growth cycles, and learning about the importance of sustainability and conservation. Additionally, we will embark on a historical journey as we investigate various sources to gather information on the mighty Roman Empire, providing a captivating look into ancient civilizations.

In Mathematics, our focus will be on two important concepts - volume capacity and fractions. Through engaging activities and interactive lessons, your child will develop a deeper understanding of these mathematical principles and build a solid foundation for future learning.

Furthermore, we will incorporate creative projects, collaborative group work, and real-world applications to enhance your child's critical thinking skills and problem-solving abilities. By fostering a dynamic and supportive learning environment, we aim to inspire curiosity, resilience, and a love for learning in every student.

Thank you once again for your continued support and partnership. I am excited about the journey that lies ahead and look forward to witnessing the growth and achievements of each and every child in our class.

Thank you.

Have a lovely weekend,
Mr Anwar

CRISPIN - YEAR 4

Year 4 have very much enjoyed participating in DT week.

We were able to use our knowledge of simple machinery to create our own mechanisms.

Have a look at the different designs we created!

Miss Sufi

