

Pippins Weekly News

Email: office@pippins.slough.sch.uk

Phone: 01753682937 | www.pippins.slough.sch.uk



SEE TOMORROW GROW

Dear Parents and Carers,

Thank you so very much for the great comments we have received about the changes in and around school! We are all very excited about the new look, which will bring forth, a fresh burst of energy. I take this opportunity to share with you, our school principle for this half term 'awe and wonder'. Every Monday morning, we collectively share our school value, linking it to Pippins, and the world around us. The key marker that separates us from other schools is the reflective and compassionate nature of our pupils! I have a school full of pupils who are deeply reflective, and well and truly on their journey to becoming good human beings; we are growing tomorrow, today, at Pippins.

On an incredibly colourful note, our wonderful cook, Linda visited Richmond Park on the weekend, who was awestruck and full of wonderment at the joyous flowers swaying and dancing to the incoming season! I have added photographs from Linda's visit, which she took to share her interpretation of what awe and wonder mean to her (see next page). Please send us your photographs of what awe and wonder mean to you 😊 let us be grateful for the wonderful world around us.

Have a lovely weekend,
Mr Jalaf

Dates for the Diary

29th April - SLT Coffee
Morning all parents
8:45 - 9:30 am

30th April - Y1 Parents
Meetings Phonics 3:30 pm

2nd May - school
closed for polling day

6th May - Bank Holiday

13th to 15th May - Year
6 SAT's

23rd May - End of
Summer 1

24th May - Inset Day

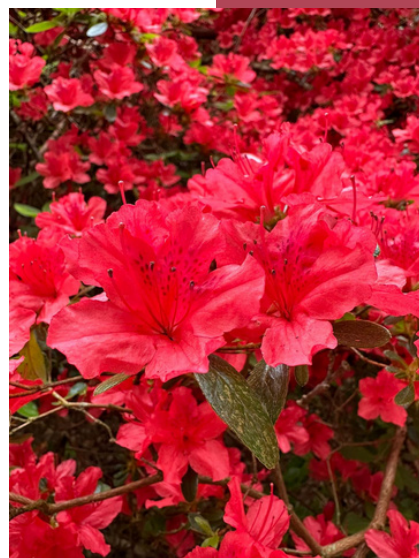
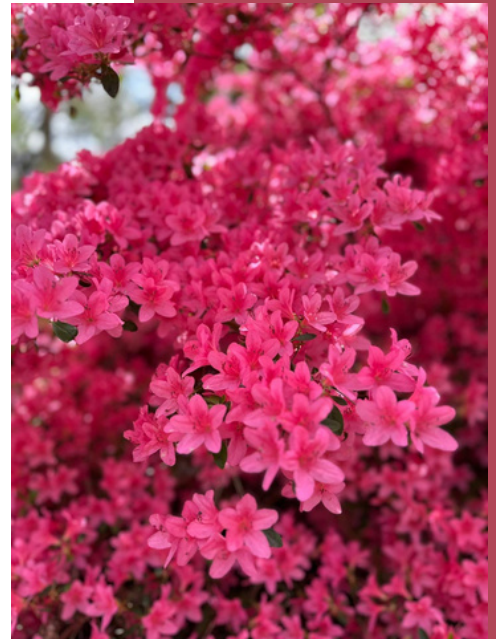
3rd June - Summer 2
begins at 8:35 am

Attendance

Pips 81%
Pixie 90%
Elstar 88%
Honeygold 85%
Bramley 90%
Crispin 97%
Waltz 94%
Jazz 91%

**No phones at
anytime when
picking up or
dropping off.**

AWE AND WONDER



URGENT NOTICES! - PLEASE READ

NO WALKING THROUGH THE CAR PARK AT ANY TIME.

ABSOLUTELY NO SMOKING OR VAPING ON THE SCHOOL PREMISES.

We are a school built up of many cultures and will NOT tolerate any racism.

Uniform - Uniform checks are now happening on a regular basis, which includes footwear. Let this be a signifier of our pride and accurate representation of the school. Full school uniform is to be worn everyday. You will find details of this on the school website.

All **long hair** must be tied up at all times.

Boys who have long must have **all their hair tied back** not just the front.

Parents -

NURSERY is proposing to offer afternoon sessions/30hrs a week for all children. Please contact the office for more information.

Attendance -

If you are taking your child out of school for a personal holiday, **you must fill in a 'loss of learning' form.**

Child off sick - If your child is ill, unwell, or sick you must call and **give all details of the illness** as we need them for our records. If your child is off ill for 5 or more days we require a **valid/up-to-date doctor's note.**

Appointments -

If your child has an appointment during school hours you must give **at least 24 hrs notice** and **proof of appointment.**

The menus for this term are now on the website just click
'Spring Summer Menu 2024'.

This week's menu is WEEK 3.

Monday changes:
Option 1: Macaroni Cheese

Week 3

Spring/Summer 2024 Menu

Weeks Starting:

29th April, 20th May, 17th June,

8th July, 2nd September,

23rd September and 14th October

SURREY
COUNTY COUNCIL

Monday

Option 1

Chef's choice
of Pasta

Option 2

Mediterranean
Vegetables with
Couscous

Option 3

School's Choice

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Fresh Dairy
Yoghurt

Tuesday

Option 1

Italian Style
Chicken Goujons
with Oven Chips

Option 2

Southern Style
Quorn Burger
with Oven Chips

Option 3

School's Choice

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Banana Sponge
with Custard

Wednesday

Option 1

Roast Chicken
with Roast Potatoes
and Gravy

Option 2

Vegan Sausage Cutlet
with Roast Potatoes
and Gravy

Option 3

School's Choice

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Orange and Mandarin
Jelly with Crème Fraîche

Thursday

Option 1

Beef
Lasagne

Option 2

Summer
Vegetable
Lasagne

Option 3

School's Choice

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Lemon Shortbread
Biscuit

Friday

Option 1

Harry Ramsden's
Fish with
Oven Chips

Option 2

Vegetable
Fingers with
Oven Chips

Option 3

School's Choice

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Raspberry Ripple Vanilla
Ice Cream Sponge Roll

PACKED LUNCH GUIDELINES



Love your packed lunch!

Create a healthier packed lunch by choosing foods from the 5 main food groups below:



1 Starchy Carbohydrates

to re-fuel your body

Base your lunchbox on starchy carbohydrates.

Choose ONE EVERY DAY from:

- ✓ Bread, rolls, bagels, wraps, pitta or baguettes
- ✓ Pasta
- ✓ Couscous
- ✓ Noodles
- ✓ Potatoes



2 Fruit and Vegetables

to keep you healthy

Pack one portion of fruit and one portion of veg every day

Choose TWO EVERY DAY from:

- ✓ Apple, banana, pear, orange, plums
- ✓ Small pot of mixed berries or grapes
- ✓ Prepared melon or mango
- ✓ Chopped vegetable sticks: carrots, cucumber, pepper, celery, mange tout, mini corn
- ✓ Salad vegetables
- ✓ Vegetable Soup



3 Dairy and Alternatives

for healthy teeth and bones

Don't forget the dairy!

Choose ONE EVERY DAY from:

- ✓ Milk
- ✓ Cheese – hard cheese, soft cheese, cheese spread
- ✓ Yoghurt or Fromage Frais
- ✓ Custard



4 Protein Foods

for growth and repair

Pack a protein punch!

Choose ONE EVERY DAY from:

- ✓ Meat
- ✓ Fish
- ✓ Eggs
- ✓ Non-dairy protein e.g. lentils, chick peas, beans



Choose oily fish like salmon once every 3 weeks



5 Drinks

to rehydrate your body

- ✓ A large glass of water
- ✓ Semi skimmed milk – or skimmed milk for children over 5 years.
- ✓ 150ml of fresh unsweetened fruit juice/smoothie



Occasionally!

Meat products such as sausage rolls, pies, sausages
Plain cakes/sponges and biscuits of appropriate portion sizes

For more healthy packed lunch ideas and recipes visit www.phunkyfoods.co.uk/recipes



Design and print longleycreative.co.uk May 2019, LC 4666

www.phunkyfoods.co.uk

Eatwell Guide

Check the label on packaged foods

Each serving (150g) contains

Energy	Fat	Saturated	Sugars	Salt
1048kJ 250kcal	3.0g	1.3g	34g	0.9g
13%	4%	7%	38%	15%

of an adult's reference intake
Typical values (as sold) per 100g: 697kJ/167kcal

Choose foods lower in fat, salt and sugars

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Eat at least 5 portions of a variety of fruit and vegetables every day

Fruit and vegetables



Eat less often and in small amounts

Choose wholegrain or higher fibre versions with less added fat, salt and added sugars

Potatoes, bread, rice, pasta and other starchy carbohydrates



6-8 a day

Water, lower fat milk, sugar-free drinks including tea and coffee all count.

Limit fruit juice and/or smoothies to a total of 150ml a day.

Beans, pulses, fish, eggs, meat and other proteins
Eat more beans and pulses, 2 portions of sustainably sourced fish per week, one of which is oily. Eat less red and processed meat

Dairy and alternatives
Choose lower fat and lower sugar options



Oil & spreads

Choose unsaturated oils and use in small amounts

Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

AFTER SCHOOL CLUBS


We have worked tirelessly to create new and exciting opportunities for the children to take part in after school.

Due to low numbers, we may have to cancel some of the offerings, so please take this weekend to book your children into clubs.

Please note Art Club has been cancelled for this term and may return in Summer 2.

Multisports for children in RECEPTION, YEAR 1 AND YEAR 2 has been cancelled.

If you are pupil premium and would like to join one of these clubs please contact the office.



0118 449 2641
info@u-sports.co.uk
www.u-sports.co.uk

Summer 2024
Pippins Primary School
BOOK NOW

<https://eastberkshire-termtime.classforkids.io/term/612>

Dear Parents and Guardians,

uSports are pleased to announce that we will be delivering the following after-school clubs at Pippins Primay School for the Summer term.

Multi Skills | Year R-2 | Monday | 3.10 - 4.15pm

Soft Archery | Year 3-6 | Monday | 3.10 - 4.15pm

Tri Golf | Year 1-6 | Wednesday | 3.10 - 4.15pm

£6.50 Per Session

Best Wishes,

Charlie Hiscox
uSports Director

How To Book

1. Click the 'Book Now' button or type in the link underneath
2. Scroll to find the right club
3. Add your child's details
4. Book your child's place
5. Pay for your session

Extra Circular Activities at Pippins
Spring Term 2

	Club	Time	Year Groups	Venue	Organisation	Sign Up	Pricing/Payment
Monday	Multi Sports	3.15- 4:15	Years Reception, 1, 2,	Hall	Usport	See Poster	Direct to Organisation
	Archery	3.15- 4:15	Years 3, 4, 5, 6	Sports ground	Usport	See Poster	Direct to Organisation
Tuesday	Pippins Sports: Cricket	3.15- 4:15	Years 1, 2 and 3	Sports Ground	Pippins: Mr Jawandha	Arbor	£5.00/ session
Wednesday	Mini Golf	3.15- 4:15	Years 1, 2, 3, 4, 5, 6	Sports Ground	Usports	See Poster	Direct to Organisation
Thursday	Pippins Music: Recorder	3.15- 4:00	Years 1, 2, 3, 4, 5, 6	Year 3 Class room	Pippins: Mrs Manners	Arbor	£3.00/ session
	Pippins Sport: Tennis	3.15- 4:15	Years 4, 5, 6	Sports Ground	Pippins: Mr Jawandha	Arbor	£5.00/ session
Friday	Pippins Sport: Cricket	3.15- 4:15	Years 4, 5, 6	Sports Ground	Pippins: Mr Jawandha	Arbor	£5.00/ session
	Pippins Gardening Club	3.15- 4:15	Years 1, 2, 3, 4, 5, 6	Bungalow	Pippins: Mr Jalaf	Arbor	£5.00/ session

WALTZ - YEAR 5

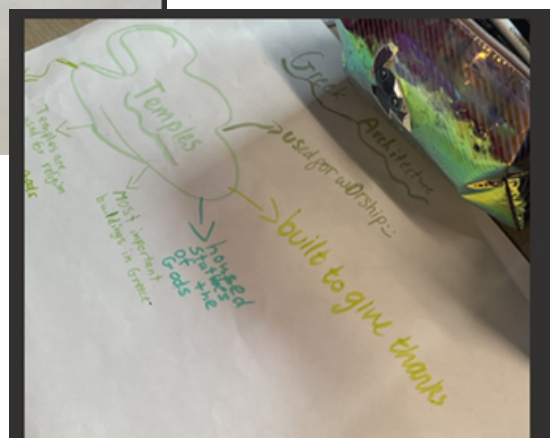
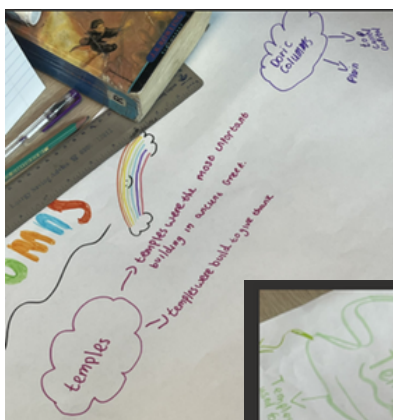
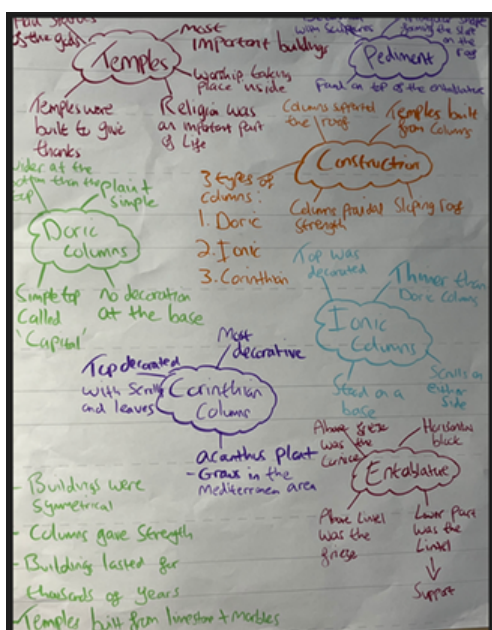
This term we have continued to work with Creative Dance Academy, who have focused on the element of hip hop with Year 5. Children have been taught a variety of new dance moves and routines, working on their social, physical, personal and creative skills. It has been fantastic to see so many children try new skills and thrive with no experience.

Our topic this term in humanities is Ancient Greece. Children have researched ancient Greek architecture and have produced some wonderful pieces of work all relating to how specific buildings were made, with the materials used to make them.

In English, we have a new book "The Lost Happy Endings". Year 5 have produced some great pieces of work based on different fairy tales where happy endings have been lost. Children thoroughly enjoyed writing a letter to the main character in "The Lost Happy Endings" about who they think stole the happy endings and their reasons behind it.

It has been a lovely start to the term for Year 5, keep up the good work!

Mr Jawandha



JAZZ - YEAR 6

This half term we have been busy preparing for our Year 6 SATs. Pupils have been showing really good effort in preparation for these tests.

We started the half term with D&T week and students practiced a range of stitches and have begun to create a book mark. It was lovely to see how many students remembered stitches they had learnt in previous years.

In music we are beginning to start to learn a song 'Happy' by Pharrell Williams. We will be learning the song to sing and instruments to also play.

In history are learning about Mafaa and kick started the topic learning about different countries in Africa and the ancient kingdoms that existed. We used the laptops to research and collate information.

Miss Kang and Mr Khalid

