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Pippins Primary School Curriculum Overview Subject: P.E

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic:	Topic:	Topic:	Topic:	Topic:	Topic:
	Personal Skills	Social Skills	Physical Skills	Creative Skills	Health and Fitness Skills	Cognitive Skills
	Concept: Personal Best	Concept: Working with and against others	Concept: Gymnastics (routines up to 3 movements)	Concept: Dance (select movements and link them together to make a routine)	Concept: Mastering basic movements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge
Reception	Become increasing competent and confident.	Develop fundamental movement skills with others.	Master basic movements of agility, balance and coordination.	Perform dances using simple movement patterns.	Use agility, balance and coordination in a range of activities.	Use thinking skills to develop skills further to improve
	Outcomes	Outcomes	Outcomes	Outcomes	Outcomes	Outcomes
	Develop fundamental movement skills with self. Following instructions, being able to persevere on a challenge to be the best I can be.	Participate in team games, developing simple tactics for attacking and defending.	To develop physical literacy skills (confidence, competence, knowledge, motivation, understanding) and be consistent in every lesson.	Develop shapes and circles and create sequences of movement with these through partnering and artistry.	Challenging activities to build resilience and endurance	Develop new ideas and solutions to problems, by problem solving

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Topic: Personal Skills	Topic: Social Skills	Topic:	Topic:	Topic: Health and Fitness	Topic:
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Concept: Personal Best	Concept: Working with and against others	Concept: Gymnastics (routines up to 3 movements)	Concept: Dance (select movements and link them together to make a routine)	Concept: Mastering basic movements	Concept: Character building (Values of fairness and respect)
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	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge
Year 2	Become increasing competent and confident.	Develop fundamental movement skills with others.	Master basic movements of agility, balance and coordination.	Perform dances using simple movement patterns.	Use agility, balance and coordination in a range of activities.	Use thinking skills to develop skills further to improve
λ	Outcomes:	Outcomes:	Outcomes:	Outcomes:	Outcomes:	Outcomes:
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Physical Skills
	Concept: Personal Best	Concept: Attacking and Defending	Concept: Gymnastics	Concept: Dance/Healthy Lifestyles	Concept: Evaluating and recognising success and improvements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge
Year 3	Compare performances with previous ones.	Communicating and collaborating.	Develop flexibility, strength, technique, control and balance.	Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Use running, jumping, throwing and catching in isolation and in combination.	Take part in outdoor adventurous activities.
	Outcomes: Develop competence to excel in a broad range of activities.	Outcomes: Being able outsmart opponents identifying new ways to move into space and be successful in modified games.	Outcomes: (Routine up to 4 movements). Develop and apply travel and rotation on the floor, with hand apparatus and partner work.	Outcomes: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness. Increasingly competent and confident.	Outcomes: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day.	Outcomes: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness Skills	Topic: Physical Skills
	Concept: Personal Best	Concept: Attacking and Defending	Concept: Gymnastics	Concept: Dance/Healthy Lifestyles	Concept: Evaluating and recognising success and improvements	Concept: Character building (Values of fairness and respect)
	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge
Year 4	Compare performances with previous ones.	Communicating and collaborating.	Develop flexibility, strength, technique, control and balance.	Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Use running, jumping, throwing and catching in isolation and in combination.	Take part in outdoor adventurous activities.
	Outcomes: Develop competence to excel in a broad range of activities	Outcomes: Being able to outsmart opponents identifying new ways to move into space and be successful in modified games	Outcomes: (Routine up to 4 movements). Develop and apply travel and rotation on the floor, with hand apparatus and partner work	Outcomes: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness. Increasingly competent and confident.	Outcomes: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day	Outcomes: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Topic:	Topic:	Topic:	Topic:	Topic:	Topic:
	Personal Skills	Social Skills	Cognitive Skills	Creative Skills	Health and Fitness Skills	Physical Skills
	Concept:	Concept:	Concept:	Concept:	Concept:	Concept:
	Personal Best	Attacking and	Gymnastics	Dance/ Healthy	Evaluating and	Character building
		Defending		Lifestyles	recognising success and improvements	(Values of fairness and respect)
	Skills and Knowledge:	Skills and Knowledge:	Skills and Knowledge:	Skills and Knowledge:	Skills and Knowledge:	Skills and Knowledge:
Year 5	Compare performances with previous ones.	Principals of attacking and defending using modified competitive games.	Develop flexibility, strength, technique, control and balance.	Perform dances using a range of movement patterns. Link patterns to make actions and sequences of movement.	Understanding how to improve in different physical activities.	Take part in outdoor adventurous activities.
	Outcome: Evaluate and recognise own success.	Outcome: Being able top outsmart opponents identifying new ways to move into space and be successful in modified games	Outcome: Develop and apply all gym skills on the floor, with hand apparatus and on low apparatus through focused skill development, sequence creation and games	Outcome: Develop shapes and circles and create sequences of movement with these through partnering and artistry. Lead healthy, active lives. Physically confident to support their health and fitness. Increasingly competent and confident	Outcome: Physically active for sustained periods of time. Able to identify how many minutes of exercise should be completed each day	Outcome: Work effectively independently and in teams. Using problem solving skills and map reading to navigate key information

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	Topic: Personal Skills	Topic: Social Skills	Topic: Cognitive Skills	Topic: Creative Skills	Topic: Health and Fitness	Topic: Physical Skills
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	Concept:	Concept:	Concept:	Concept:	Concept:	Concept:
	Personal Best	Attacking and Defending	Gymnastics	Dance/Healthy Lifestyles	Evaluating and recognising success	Character building (Values of fairness and
					and improvements	respect)
	Skills and Knowledge:	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge	Skills and Knowledge
	Compare performances	Principals of attacking	Develop flexibility,	Perform dances using a	Understanding how to	Take part in outdoor
	with previous ones.	and defending using modified competitive	strength, technique, control and balance.	range of movement patterns. Link patterns	improve in different physical activities.	adventurous activities.
9		games.		to make actions and	, , , , , , , , , , , , , , , , , , ,	
Year 6				sequences of movement.		
	Outcome:	Outcome:	Outcome:	Outcome:	Outcome:	Outcome:
	Evaluate and recognise	Being able to	Develop and apply all	Develop shapes and	Physically active for	Work effectively
	own success.	outsmart opponents identifying new ways to	gym skills on the floor, with hand apparatus	circles and create sequences of	sustained periods of time.	independently and in teams.
		move into space and be successful in	and on low apparatus through focused skill	movement with these through partnering and	Able to identify how	
		modified games.	development,	artistry.	many minutes of	Using problem solving
			sequence creation and games.	Lead healthy, active	exercise should be completed each day	skills and map reading to navigate key
			- Surresi	lives.	completed each day	information
				Physically confident to		
				support their health and fitness.		
				una nuncis.		